



## VOCAL FREEDOM IGNITED

To achieve a higher level of Vocal Freedom takes a lot of work! What if we turn that "work" into "play"? Would that be more FUN? Let's explore some creative ways to do different things with your voice. Allow yourself to "play". You don't have to do things the same way. Get creative. Have FUN!

- Sing one note on an open vowel, i.e., AH, repeat 3 times, improving resonance and tone each time.
- Do some sound effects: siren, ambulance, child's "whee", motorcycle, train, ghost. What else can you think of?
- One pitch, one vowel. Let it travel from bright to dark and back.
- Take a familiar melody or part of a melody and sing it in as many styles as you can imagine. For instance, sing a familiar commercial jingle as:
  - A Gilbert and Sullivan Operetta
  - A Blues song
  - A Broadway Show Tune
  - A Torch Song
  - A Country Song
  - Other ideas?
- Choose a melody or part of a melody and move it up by half steps and sing it in many different keys.
- Try your hand at composing a melody. Hum, sing or bubble and change direction when it becomes a song you recognize.
- Try pitch bending. Slide your note up a third and hit every note in between. Go the other way. Alter the interval.
- Choose an old familiar song and cluck it like a chicken.
  - You Are My Sunshine
  - William Tell Overture
  - Happy Birthday
  - Brahms Lullaby
- Sing one note and vary the dynamics as you sustain it.
- Start soft and crescendo
- Start loud and decrescendo
- Start soft and crescendo to loud and decrescendo back to soft
- Start loud and decrescendo to soft and crescendo back to loud
- Sing a note in a comfortable range with a nice vowel and hold it as long as you can. Time it or count to measure how long you are able to sustain the tone.
- Your ideas? \_\_\_\_\_  
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