

# Sweet Adelines Region 31

Spotlight on a Song

Scotland

Aberdeen November 11<sup>th</sup> 2017



# Essentials for a Great Performance

Physical Freedom

Vocal Freedom

Emotional Freedom

# How Do We Achieve Those?

Physical Freedom:

Vocal Freedom:

- Confidence in your vocal skills
- Confidence in your knowledge of the song
- Confidence in your fellow chorus members
- Confidence in your Director

Emotional Freedom:

- Understanding the message
- Freedom from focusing on technique

# Today's Objectives

- To develop our vocal skills
- To develop our visual skills
- To apply these to Somebody to Love
- To enjoy the performance
- To realise that we can do more than we thought we could



Lets Get Physically Free!

# Vocal Freedom

- When you are in control of your skills
  - When you know it will be consistent
  - When you trust yourself
  - When you trust those around you.
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- Brian Eno: "A cappella singing is the finest form of singing because everybody is everybody else's backing group"
  - He also said: "I believe singing is the key to long life, a good figure, a stable temperament, increased intelligence, new friends, super self confidence, heightened sexual attractiveness, and a better sense of humour."

# The Pillars

- Breathing – inhale, controlled release, not too much
- Alignment
- Appropriate body tension
- In the model
- Legato
- Listening

# Region 31 Judge's Comments

## Areas to improve within Showmanship

- Unity of intensity and emotion
- Explore characterisation and emotion more
- More depths to discover and learn to portray
- Energy is the magic that ties it all together and connects to the audience.





# Increasing physical energy and exciting our audiences more

- Six minutes is not long!
- Most performance time is not during contest
- Every performance counts in building consistency
- What would you like your audience to say about you?

# Finding your 'hairbrush' moment



- Step in to your performance character
- Find out what works for you
- Use the character to let go
- Discover what **you** are capable of as a performer

Your audiences will thank you for it!